

Dignity



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of any province in Pakistan.*

**The WASH Gap facing
women and girls in
Balochistan.**

Facts:

- » 66% of Balochistan households lack a toilet
- » Only 25% of rural households have sanitation access
- » 73% of schools in Balochistan lack sanitary facilities
- » Rural girls and women bear the heaviest burden

*CDF has delivered **320+ WASH blocks** across Pakistan.*

This year: 200 new WASH blocks in Balochistan's most deserving sites

The Invisible Crisis - WASH Vulnerability in BALOCHISTAN

Balochistan, the largest province in Pakistan by area, sits at the epicentre of the nation's water, sanitation, and hygiene (WASH) crisis. With 66% of households lacking a basic toilet - the highest rate among all provinces - the consequences for women and girls are devastatingly tangible. For rural girls, school attendance plummets after puberty; for mothers, hours are lost daily to water collection, limiting economic and educational opportunities. This deprivation of dignity and safety demands more than awareness.

Across Balochistan, Pakistan's largest and poorest province, a quiet crisis strips women and girls of their dignity every single day. The numbers are stark and well documented. According to the Pakistan Social and Living Standards Measurement survey, 66 percent of households in Balochistan have no toilet facility at all, the highest rate of any province in the country. In rural areas, only 25 percent of households have access to any improved sanitation, compared with 82 percent in urban centres. The gap is not merely infrastructural; it is a daily assault on safety, health, and human worth.

Schools tell the same story. Data from the Balochistan WASH in Schools Strategic Plan shows that 66 percent of female primary schools lack toilet facilities entirely, and in rural areas just 12 percent of primary schools have any toilets at all. Across the province, roughly 73 percent of schools lack adequate sanitary facilities. The consequence is predictable and devastating: when a girl reaches puberty, the absence of a private, safe place to manage her hygiene too often means the end of her education.

For women, the burden is physical as well as social. Rural women and girls in Balochistan walk between sixteen

and sixty minutes, often far longer, to collect water, a task that consumes hours that could be spent learning, earning, or resting. Without safe, private public sanitation, they are left exposed, vulnerable, and excluded from civic life. This is not merely a development gap but a quiet violation of basic rights.



Charity Doings Foundation has responded where the state has fallen short. To date, CDF has constructed 320 WASH blocks across Pakistan's most underserved communities, pairing clean water, private toilets, and hygiene promotion with dignity-centered design. Building on this record, CDF will deliver twenty new WASH blocks in Balochistan during the first quarter of 2027, prioritising schools and public spaces where girls and women are most exposed.



ata of WASH in Baluchistan demands evidence-based understanding. According to UNDP's Sustainable Development Goal 6 assessment, Balochistan's overall access to improved sanitation stands at just 44 percent, the lowest of any province. **Rural access plummets to 23 - 25 percent.** This disparity is reflected in water access as well - while 87 percent of urban Balochistan has improved drinking water sources, only 51 percent of rural areas do, leaving approximately 3.2 million rural residents dependent on unsafe or unimproved sources.

The health consequences are measurable and severe. Data from the Balochistan Health Department shows that waterborne diseases - diarrhoea, typhoid and cholera - account for roughly 28 percent of outpatient visits in rural districts, a rate nearly triple the national average. Maternal mortality remains critically elevated in areas without sanitation; the Pakistan Demographic and Health Survey reports that women in provinces with low WASH access face a maternal mortality ratio of 276 per 100,000 live births, compared with 186 nationally.

When Infrastructure Fails.

Can numbers alone demand?

School enrolment data underscores the gender gap. The Balochistan Education Department reports that in schools without functioning toilets, girls' attendance drops by an average of 23 percent during menstruation. By secondary school, cumulative absenteeism attributable to **lack of sanitation has cost an estimated 18 percent of girls their final year of education.** Economic opportunity is equally constrained. The World Bank estimates that the absence of safe public sanitation costs Pakistan 3.3 percent of GDP annually in productivity loss, healthcare costs and lost educational attainment. For Balochistan alone, this translates to over \$800 million yearly - resources that could transform communities if redirected to WASH infrastructure. Studies by the International Water and Sanitation Centre show that women in areas without nearby water and sanitation spend an average of 1.8 hours daily on water collection alone, reducing time available for income-generating work by up to 40 percent.

A Girl's Silent Struggle

No Toilet. No Choice. No Future.

Inside a rural girl's day - the burden of NO - WASH and the transformation CDF brings. From survival to safety - how **20 new WASH blocks in Balochistan** are reclaiming girls futures.

For many girls in Balochistan, the day begins with absence. No nearby toilet. No running water. No safe place to wash. Before school, before study, before the ordinary rhythms of childhood, there is already a burden to carry. In many rural communities, girls walk long distances to fetch water, often spending precious morning hours on tasks that are invisible in statistics but deeply felt in everyday life. The lack of basic sanitation shapes where they go, how long they stay, and whether they can move through public life with dignity at all. At school, the hardship does not end. Across Balochistan, a large share of schools still operate without functional toilets, handwashing stations, or safe drinking water. For adolescent girls, this absence becomes especially painful. Managing menstruation without privacy, water or disposal facilities turns education into endurance. Many miss classes. Some fall behind. Others leave school altogether. What should be a place of learning becomes a place of discomfort, anxiety and exclusion.

Beyond education, the risks are personal and immediate. When women and girls are forced to seek isolated places for open defecation or wait until dark to relieve themselves, safety becomes a daily concern. Shame, exposure, harassment and health complications become part of life not because they should but because infrastructure has failed them. In this way, the WASH crisis is not only about facilities - it is about time, opportunity, confidence, mobility and rights.

This is where Charity Doings Foundation is making change tangible. Across Pakistan, CDF has built more than 320 WASH blocks in underserved communities, creating safe, private, and accessible sanitation spaces where they are needed most. These are not simply structures of brick and cement. They are places that restore privacy for girls, security for women, and confidence for entire communities. Each block is designed to answer a practical need while affirming a basic human truth: dignity should never depend on geography or income.

In the first quarter of 2027, CDF plans to construct 20 new WASH blocks in Balochistan, focusing on schools and public spaces where vulnerability is highest. For one girl, this can mean staying in school. For another, it can mean safety on the road. For a mother, it can mean protection, health and relief close to home. And for communities long neglected, it can mean that development finally begins with dignity. The transformation is already visible in communities where CDF has worked.





320 Blocks. Millions of Lives Changed.

With 1,327 water points and 320 specialized WASH blocks already operational, CDF is redefining rural sanitation through infrastructure that blends with human dignity

The architecture of dignity is built on more than just brick and mortar; it is built on a foundation of technical readiness and community trust. Charity Doings Foundation has pioneered a standardized yet adaptable model for rural WASH blocks that addresses the specific cultural and environmental challenges of Balochistan. Each facility is designed to provide more than just sanitation - it offers a secure, climate-resilient space equipped with solar-powered water systems, advanced filtration and specialized drainage. Innovation at the field level defines our success. Unlike traditional donor-driven projects that often fall into disrepair, CDF's WASH blocks are engineered for longevity, featuring reinforced structures and water troughs for local livestock, bridging the gap between human health and animal welfare under the One Health framework. This holistic approach

Built to Scale. Built to Last. recognizes that in rural landscapes, the health of the family is inextricably interconnected.

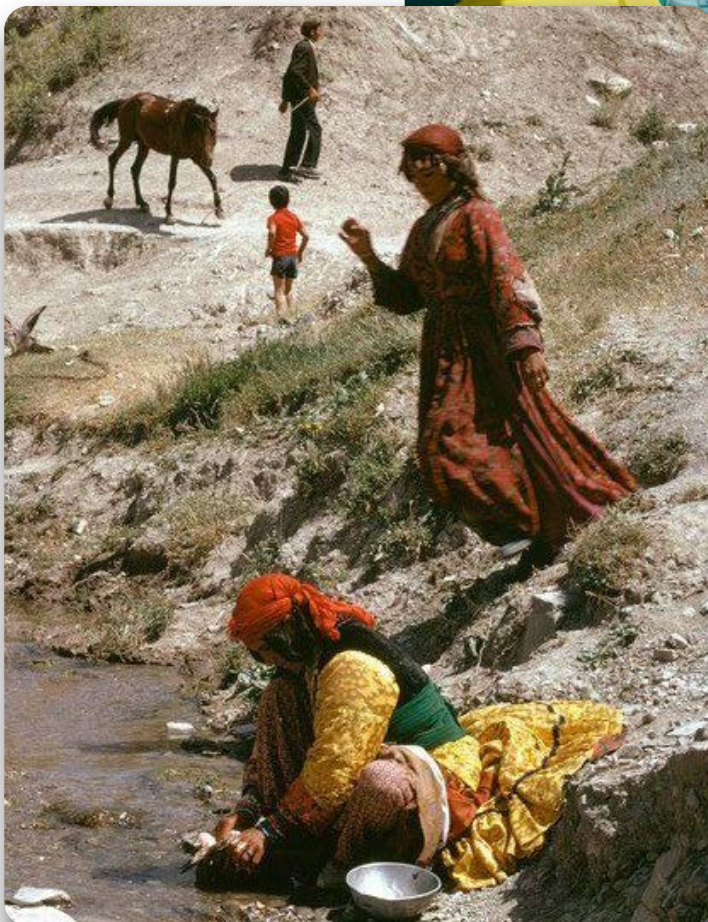
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Sustaining Community Health.

The success of these projects is visible in the daily lives of the families pictured. Beyond the physical construction, each site serves as a catalyst for community-led hygiene management. When a village transitions from zero access to a fully functioning WASH block, the health benefits are immediate - a documented decline in waterborne illness and a safer environment for children. These structures represent a permanent shift toward sustainability where technical excellence meets local ownership to ensure that no girl has to choose between her health and her education. What follows is rarely discussed but deeply consequential: girls return to school. Women reclaim hours lost to water collection.



Turning Access into Agency.

Safe sanitation is more than just a structure; it is a technical solution to a fundamental human rights gap. The WASH blocks shown here are designed for long-term resilience in Balochistan's harsh climate, featuring solar-powered water systems and durable, high-hygiene finishes. By integrating hand-washing stations and specialized privacy features, these units provide a safe, dignified space that encourages consistent use. The goal is simple: to ensure that the infrastructure is as robust as the communities it serves, reducing maintenance burdens while maximizing public health impact. The result is infrastructure that functions not in isolation but as part of a larger ecosystem - one that strengthens public health systems, supports school attendance, and creates economic participation.



Reclaiming Time. Restoring Choices.

Numbers tell one story. Images tell another. Across rural Balochistan, the absence of functioning WASH infrastructure has created a parallel crisis - one measured not just in health outcomes but in stolen time, lost opportunity, and constrained futures. Women walk miles for water that should be steps away. Girls miss school during menstruation not from choice but from necessity. Families face impossible choices between hygiene and hunger, between dignity and survival.

Charity Doings Foundation's WASH projects are not responses to abstract statistics - they are answers to lived reality. **By placing 1,327 water points and 320 specialized blocks in villages across Balochistan,** we are directly addressing the bottlenecks that trap women in cycles of poverty and keep girls out of classrooms. Each installation removes barriers - the 1.8 hours daily spent on water collection becomes time for work, education or simply rest.

COMMUNITY FIRST!

When she has access to water - she reclaims her time.