Charity Doings
FOUNDATION



ANNUAL REPORT 2026

Charity Doings
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VISION & MISSION

OUR MISSION is to provide global humanitarian aid, relief and development with sincerity and compassion whilst saving lives, alleviating poverty, transforming and empowering local communities to ensure well-being and protection of the poor, needy and vulnerable.

We aim to provide sustainability to communities worldwide, providing the means to strengthen and educate the needy, allowing growth both financially and in terms of health. We believe in providing aid impartially, regardless of race, gender, or religion, providing a future regardless of an individual's past.



KEY HIGHLIGHTS FROM 2024 - 2026

Free Diagnostics Lab | Hub, Baluchistan

- 14,000 diagnostic parameters
- 3,800 - 4,200 tests/month
- 43,200 diagnostic tests conducted in 2025
- 13 member medical team

Diabetes Program | 16 Districts

- 11 Balochistan | 3 South Punjab | 2 Interior Sindh
- Free insulin supply to Type-1 children
- 180 kids onboard.

Water Infrastructure

1,320+ total projects
- 520 hand pumps
- 385 large water plants
- 115 RO plants
- 82 ablution facilities

Disaster Response & Housing

2024 - 2025
- 37 homes built
- 7,800 ration packs distributed
- 48,000 medicines (2024 floods)
- 1.1 million animals rescued (2024)
- 12 tons fodder delivered (2022 drought)

Livestock & Animal Welfare

One Health Approach
- 7,800 sq ft farm sanctuary
- 40,000 animals supported (drought relief)
- TNVR advocacy for humane dog-population control

Women Empowerment

- 160 women trained in sewing (since 2022)
- 120 graduate annually

Income Generation

- 72 rickshaws provided (2025)
- 32 fruit-cart businesses established (2025)

Food Security

Year-Round Feeding
- 135,000+ total meals annually
- 110,000 meals at Westridge, Rawalpindi
- 300-320 people/day (permanent station)

Ramadan Iftar/Active Stations

- 5-6 hubs × 140 people/night × 30 days
- 25,200 additional Ramadan meals

Easy Paisa Program/Cash Transfer Program

- 180 households nationwide
- 5,000 PKR/month per family
- Approx. 1 million Pkr monthly budget

Child & Community Support

Special Children Home
- 12 orphans/special-needs children
- 5 year comprehensive program

Community Gardens

- 850 kitchen gardens established
- 180 women trained

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Healthcare HUB LAB & Free Diagnostics Services

Charity Doings Foundation (CDF) is committed to closing the healthcare access gap in underserved rural communities through our **Free Diagnostics Hub Laboratory** in Hub, Balochistan. In an area where families often delay or skip testing due to cost and distance, we provide **reliable, timely diagnostics completely free of charge.** This enables early detection, prompt treatment, and the prevention of avoidable complications. We believe diagnostics are not a luxury; they are the essential first step in saving lives, especially for **women, children,** and those at risk of infectious and chronic diseases.



Services Provided (Free of Cost)

Our laboratory covers up to **14,000 diagnostic parameters,** offering a broad range of routine and specialized tests, including:

- **BLOOD & HEMATOLOGY**
  Complete blood counts (CBC/CP) to detect anemia, infections, and other conditions.
- **BIOCHEMISTRY**
  Liver function tests (LFT), renal function tests (RFT), blood glucose, and other metabolic panels.
- **ENDOCRINE & THYROID**
  Hormone and thyroid profiles.
- **MICROBIOLOGY**
  Expert-led infection diagnostics.
- **RADIOLOGY, IMAGING & ULTRASOUND**
  Critical screening and assessment to support clinical decisions.

On average, our facility performs **3,800 to 4,200 free tests every month,** providing consistent and high-volume support to the community. Lab holds the capacity of 14,000 tests parameters on floor.

KEY FOCUS AREAS

WOMEN'S HEALTH & GYNECOLOGY

We provide dignified ultrasound and screening services for maternal care, offering essential guidance and referrals for women who cannot afford private clinics.

PEDIATRIC SUPPORT

Our on-site diagnostics and doctor consultations for children help families get clear interpretations of results and act quickly.

TB INTERVENTION PATHWAY

To reduce diagnosis delays for rural patients, we have a structured pathway:

1. Sample collection (sputum/swab) at the Hub facility.

2. Referral and transfer to Lasbela for advanced processing.

3. Follow-up and linkage to a care pathway.

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CDF Headquarter Team

A dedicated team turning vision into impact through programme planning, operations, partnerships, digital media, communications, finance and field initiatives to deliver meaningful change for communities.



AHMAD MALIK
Founder & CEO - CDF



ALTAMUSH SAEED
Director I (Animal welfare and Advocacy Consultant - EARC)



AYESHA HAIDER
Marketing & Design Executive



RIAZ UR REHMAN
Admin & Accounts Manager



SOHAIL AHMED
Operations Manager



TAUSEEF ADNAN
Assistant Accounts Manager



Dr. Mafaza Alam
Consultant Dental Health & Orpahanage Program - CDF

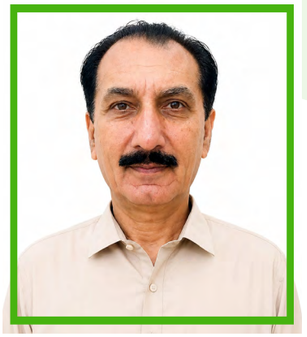


Zammara Basit
Director II (Administration and Accounts)

Saleemat Bibi Hub Lab Balochistan Staff



DR. FAUZIA
Pathologist



DR. MUHAMMAD HAYAT
Manager Lab



KAINAAT
Lab Technician



MURAD JAN
Lab Assistant



NAVEED AHMED
Lab Technician

District Field Supervisor



ADNAN
DFS Sukkur Sindh



ALI GHULAM
DFS Sanghar Sindh



GHULAM MOHIYODEEN
DFS Bahawalanagar



MUHAMMAD SHAHZAD
DFS Rajanpur



SHEHROZE
DFS Bahawalnagar



JAMEEL AHMED
DFS Achro Thar Sangar Sindh

Insulin Project Team



ABDUL RAZZAQ
Focal person Barkhan & Kohlu



ABDUL SAEED
Social Mobilizer



DR. AFZAL
Bahawalangar South Punjab



DR. AYAZ ALI
Daddu Sindh



DR. BARKAT ALI
Balochistan



DR. MUHAMMAD ARIF
Balochistan



HAMID
District Field Supervisor



MHUMMAD AKBAR
Medical Technician



MUSHTAQ ALI RODNANI
District Field Supervisor
- Daddu Sindh










Meethi Zindagi
PROMISE OF INSULIN
ٹائپ 1 ذیابیطس کے ساتھ زندگی گزارنے
والے بچوں کی زندگی انسولین پر منحصر ہے۔
PROMISE OF INSULIN
PROMISE OF INSULIN




Meethi Zindagi
PROMISE OF INSULIN
From big cities to small towns
INSULIN DELIVERY
TO EVERY CORNER
OF PAKISTAN
For children with type 1 diabetes
INFORMATION:
0500-0341922
OR
SCAN HERE
MODERN PLASTIC


800L Centrifugal Machine
Lab Tech Engineering

Why This Matters

By delivering thousands of free tests monthly, our Hub Laboratory is helping communities shift from crisis-driven care to **early detection and timely treatment.** This model reduces financial burdens, prioritizes women and children, strengthens TB surveillance, and provides a vital healthcare lifeline where options are severely limited.

Diabetes

A LIFELINE FOR CHILDREN: BRIDGING THE GAP IN DIABETES CARE

In many of Pakistan's most remote and underserved regions, a diagnosis of Type-1 diabetes for a child can feel like a life sentence. Families face an impossible choice between affording daily, life-sustaining insulin and providing for their other basic needs. Access to diagnostics is scarce, and the constant travel to distant clinics adds an immense financial and emotional burden.

Charity Doings Foundation (CDF) believes that no child's future should be limited by their geography or economic status. Our Diabetes Care Program is a dedicated lifeline, delivering hope directly to the doorsteps of those who need it most.







OUR INTEGRATED APPROACH

We go beyond simply delivering medicine. We are building a sustainable ecosystem of care that empowers communities and strengthens local health infrastructure.

- **Free, Uninterrupted Insulin Supply:** We provide a consistent and reliable supply of free insulin to children and adolescents with Type-1 diabetes, removing the primary barrier to their survival and well-being.

- **Targeted Geographic Focus:** Our program is strategically implemented in areas where care is needed most, currently operating across:

  - 11 districts in Balochistan
  - 3 districts in South Punjab
  - 2 districts in Interior Sindh

- **Strengthening Local Diagnostics:** Our program is supported by CDF's Free Diagnostic Laboratory in Hub, Balochistan. This facility provides essential, free-of-cost blood tests, enabling accurate monitoring and management of diabetes and other chronic conditions, reducing the need for patients to travel long distances.

- **Community-Centric Care:** We work with local health networks and community leaders to identify patients, ensure timely delivery, and provide basic health education to families, creating a support system that lasts.







The Impact: More Than Medicine

For every child in our program, access to insulin means more than just managed blood sugar. It means the chance to attend school, to play with friends and to dream of a future without limits. It means lifting a heavy weight from the shoulders of parents, allowing them to focus on nurturing their families.

Our work in diabetes care is a core part of our commitment to building resilient, healthy communities from the ground up. Join us in providing this essential lifeline. Your support can ensure a child not only survives but thrives.



TB and Public Health

TUBERCULOSIS (TB) IN PAKISTAN: A PUBLIC HEALTH OVERVIEW

Tuberculosis remains one of the most significant infectious disease challenges in Pakistan, placing a heavy burden on public health systems and vulnerable communities. This overview examines the scale of the epidemic, diagnostic and treatment challenges, and the critical role of coordinated response efforts.

GLOBAL AND NATIONAL BURDEN

Globally, TB affects approximately 2 billion people annually, underscoring its persistent threat. Pakistan bears a disproportionate share of this burden:

- Rank: 5th highest TB burden country in the world.
- Contribution: Accounts for 6.2% of global TB cases.
- Reported Cases (2024): 687,000 new cases were officially notified.
- Diagnostic Capacity: Probabilistic models suggest a case notification rate of roughly 250 suspected cases per 100,000 population in sampled high-burden areas.

THE GROWING CHALLENGE OF DRUG-RESISTANT TB (DR-TB)

A particularly severe dimension of the epidemic is the rise of drug-resistant strains, which are more complex and costly to treat.

- DR-TB Cases (2024): 15,000 cases were identified as drug-resistant.
- Treatment Protocol: DR-TB requires prolonged treatment with multiple antibiotics, as single-drug regimens are ineffective and can worsen resistance.



LEADERSHIP IN HEALTH SYSTEMS STRENGTHENING

Ahmad Malik, CEO of Charity Doings Foundation, brings profound, field-tested experience in TB program management, particularly from his work in the northern belt of Pakistan. His expertise has been pivotal in shaping effective public health strategies through his roles as Program Coordinator for initiatives supported by Mercy Corps, the Global Fund, and the Bill & Melinda Gates Foundation.

His key contributions include:

- **Championing Technology:** Advocating for and contributing to the implementation of digital health tools like DHIS-2. This has been instrumental in improving TB case identification, data management, and strengthening Pakistan's national TB surveillance system.
- **Raising Awareness:** Actively working to educate affected demographics, breaking down stigma and encouraging early testing and treatment adherence.



CDF'S COMMUNITY-LEVEL DETECTION AND CARE PATHWAY

Charity Doings Foundation (CDF) translates national strategy into life-saving grassroots action. CDF operates a critical TB detection hub laboratory in Hub, Balochistan, which serves as the first point of contact for many in the region.

The process is designed to be efficient and patient-centric:

1. **Case Identification:** The Hub lab receives suspected TB cases from the surrounding communities.
2. **Thorough Diagnosis:** It conducts initial screening and sample collection to ensure accurate detection.
3. **Referral for Treatment:** Confirmed or complex cases are seamlessly transferred to the reference laboratory in Lasbela, where comprehensive treatment and medication are initiated.

This model is vital for closing the diagnostic gap in remote areas. In a recent reporting period for 2025, the Balochistan lab successfully identified and processed 36 TB cases, ensuring they were connected to the necessary care pathway without delay.

By combining visionary leadership in health systems with dedicated, on-the-ground implementation, Pakistan's public health community continues to build a more resilient and effective response to the TB epidemic.





CDF SELECTED BY MERCY CORPS TO SPEARHEAD NATIONAL TB RAPID DIAGNOSTICS GUIDELINES

Charity Doings Foundation (CDF) is proud to announce that it has been selected by Mercy Corps to lead a critical national health initiative under the **ICE (Increased Cost-Effectiveness) Project.** CDF will develop the official **National Guidelines for Tuberculosis (TB) Rapid Diagnostic Tests (RDTs),** a landmark project aimed at standardizing and scaling up modern diagnostic practices across Pakistan.



1. Development of National Standard Operating Procedures (SOPs) CDF will authored the definitive guidelines for the proper execution of TB rapid diagnostic tests. This document will serve as the national standard, ensuring that RDTs are used correctly, safely, and effectively across both public and private sector health facilities. It will cover technical protocols, quality assurance measures, and best practices to guarantee reliable results.

2. Designing a Robust Specimen Transportation Protocol A diagnosis is only as good as the sample it's tested on. CDF will design a complete, field-ready logistics protocol for specimen management. This will detail every step of the process, including:

- Safe and sterile sample collection in field settings.
- Proper packaging and labeling to ensure specimen integrity.
- A temperature-controlled transportation chain from remote testing sites to designated laboratories.

This protocol will be crucial for maintaining the quality of samples collected in hard-to-reach areas, ensuring that distance does not compromise diagnostic accuracy.

3. Creating Accessible, High-Impact Video Training Content To ensure the guidelines are not just written but are also easily understood and implemented, CDF will produce a series of highly engaging educational videos. This digital user manual will visually guide healthcare workers through the entire process:

- **Device Operation:** Clear, step-by-step demonstrations on how to use the RDT devices.
- **End-to-End Workflow:** A visual journey from setting up a testing station in the field to sample processing in the lab.
- **Communicating Results:** Sensitive and effective guidance on how to deliver diagnostic results to patients and link them to the care pathway.









Why This Matters: A Leap Forward for TB Control in Pakistan

This project, championed by CDF's leadership and their extensive experience with partners like the **Global Fund and the Gates Foundation,** represents a pivotal shift from traditional diagnostics to more agile, technology-driven solutions. By standardizing RDTs and creating accessible training materials, CDF and Mercy Corps are empowering frontline health workers, strengthening the national TB program, and ultimately, building a more responsive and effective healthcare system for all.

Emergency Medical Relief

When disaster strikes, access to healthcare is one of the first and most critical lifelines to be severed. In these moments of chaos and uncertainty, Charity Doings Foundation (CDF) mobilizes to deliver immediate and compassionate medical care directly to affected populations. Our Emergency Medical Relief program is a cornerstone of our humanitarian response, ensuring that the health and dignity of vulnerable communities are safeguarded during catastrophic events like floods and earthquakes.

CORE INTERVENTIONS: RAPID AND RESPONSIVE HEALTHCARE

Our approach is built on speed, agility, and a deep understanding of community needs in a crisis. Key activities include:

- **Rapid Deployment of Medical Camps:** CDF establishes fully functional, makeshift medical camps in remote and rural settings. These camps serve as primary healthcare hubs, offering triage, medical consultations, and immediate treatment for injuries and illnesses.

- **Distribution of Life-Saving Medicines & First Aid:** We distribute essential medicines to address the most common post-disaster ailments. This includes analgesics (Panadol, Rufen), antipyretics (Paracetamol), pediatric syrups, and other critical supplies. Comprehensive first-aid kits are also provided to families to help them manage minor injuries independently.









IMPACT IN ACTION: THE 2024 SOUTH PUNJAB FLOODS

The devastating floods of 2024 in South Punjab highlighted the vital importance of our medical response framework. As floodwaters inundated communities and displaced thousands, CDF acted swiftly:

- **Immediate Mobilization:** A medical camp was promptly established in the heart of the affected region, becoming a beacon of hope for families cut off from regular health services.

- **Massive Scale Distribution:** In a large-scale effort to mitigate health crises, CDF distributed a total of 48,000 medicines. This intervention specifically targeted post-flood health risks, including treatments for respiratory infections (cough), and vector-borne diseases like dengue and malaria, providing immediate relief and preventing wider outbreaks.







A COLLABORATIVE MODEL FOR MAXIMUM IMPACT

Our effectiveness is amplified through strong, trust-based partnerships. CDF's relief efforts are never conducted in isolation.

- **Community-Centric Focus:** We stand in solidarity with the community, listening to their needs and ensuring our aid is relevant, accessible, and delivered with dignity.
- **Supporting National Efforts:** We work in close coordination with the Government of Pakistan, complementing and bolstering national and district-level disaster response efforts to ensure there are no gaps in medical relief.
- **Multi-Stakeholder Engagement:** We actively collaborate with civil society partners, local authorities, and established medical institutions to create a unified and efficient response, delivering the best possible medical aid to every individual in need













Water Wells, RO Plants/ Animal-Inclusive Hydration Points

In Pakistan's most water-scarce regions, access to clean water is the lifeblood of community health, economic stability, and climate resilience. Charity Doings Foundation (CDF) is at the forefront of tackling water scarcity by implementing a comprehensive portfolio of sustainable water infrastructure projects. With a strategic focus on the arid landscapes of South Punjab, Sindh, and Balochistan, our interventions are designed to provide safe, reliable, and accessible water for drinking, sanitation, and livelihoods. To date, CDF has successfully installed over 1,320 water projects, each tailored to the specific needs of the community it serves.



CORE PROGRAM COMPONENTS & STATISTICS

Our multi-faceted approach ensures that we deploy the right solution for each unique environmental and social context. The breakdown of our key installations includes:

- **Community Water Wells:** A total of 520 hand pumps (both small and large) have been installed, providing decentralized, easy access to groundwater for thousands of households.
- **Large-Scale Water Plants:** To serve entire villages and larger community clusters, 215 large water plants have been established, often powered by solar energy to ensure sustainability and low operational costs.
- **Advanced Water Purification:** In areas where groundwater is brackish or contaminated, CDF has installed 36 Reverse Osmosis (RO) plants. These facilities provide purified, safe drinking water, protecting communities from waterborne diseases.
- **Supporting Community & Faith Hubs:** Recognizing the importance of water for sanitation and religious practice, CDF has constructed 16 to 28 ablution places (Wudu Khanas) at mosques and community centers. Public water coolers are also installed to provide cool drinking water in shared spaces.







ANIMAL-INCLUSIVE HYDRATION (A ONE HEALTH APPROACH)

A signature feature of all CDF water projects is the integration of animal-inclusive hydration points. Every water plant and well includes dedicated troughs or stations for livestock, working animals, and wildlife. This One Health philosophy is critical in our operational areas, where human and animal lives are deeply intertwined. This design reduces conflict over scarce water resources, supports the pastoral livelihoods central to the local economy, and provides a lifeline for stray and wild animals during extreme heat and drought

Infrastructure Delivered (cumulative)

1. **Hand Pumps** (small and big): 520 installed.
2. **Water Plants** (big community-scale units): 385 installed.
3. **Reverse Osmosis** (RO) Plants: 115 installed.
4. **Ablution Facilities (Wuzhu Khana) integrated with water access points:** 82 installed (final site-by-site count varies by project phase and community requirement).











Overall Output and Impact

Expected benefits include reduced time and cost spent on water collection, improved household hydration and hygiene practices, stronger resilience during heatwaves and drought periods, and decreased pressure on unsafe or contaminated water sources.

For animal-owning households and communities with stray and working animals, dedicated hydration stations help prevent dehydration, reduce disease risk, and protect livelihoods dependent on livestock.

DISASTER RESPONSE AND RECOVERY: RESTORING HOPE, REBUILDING LIVES

In the face of natural disasters, Charity Doings Foundation (CDF) stands as a steadfast pillar of support for affected communities across Pakistan. Our response is swift, strategic, and always centered on human dignity. In 2025, our efforts were focused on providing immediate relief and laying the groundwork for long-term recovery, ensuring that families could not only survive but also rebuild their lives with resilience and hope.









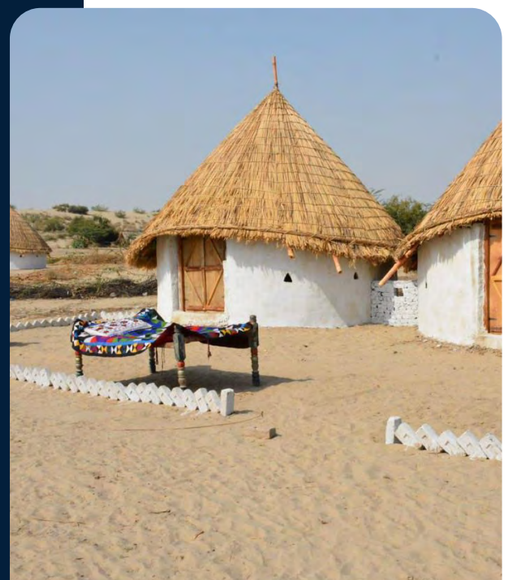




Bricks and Blocks: Building Foundations for the Future

A home is more than just a structure - it's a sanctuary of safety, stability and hope. Recognizing this fundamental need, CDF's "Bricks and Blocks" initiative is dedicated to constructing durable, secure housing for families who have lost everything to floods and earthquakes.

In 2025, our teams worked tirelessly across Punjab and Sindh, successfully building and handing over 37 new homes to families displaced by disaster. Our approach is not one-size-fits-all - we tailor our solutions to meet the specific needs of the community. This includes constructing sturdy single- and double-bedroom homes complete with kitchen space, as well as providing culturally appropriate huts and makeshift shelters in Sindh. Each home is a testament to our commitment to not just rebuilding houses, but restoring the fabric of communities one family at a time.





Ration Provision: A Lifeline in Times of Crisis

When disaster strikes, hunger is an immediate and pressing threat. CDF's ration provision program acts as a critical lifeline, ensuring that vulnerable families do not have to worry about their next meal. Following the devastating floods of 2025, our teams were on the ground in Khyber Pakhtunkhwa (KPK) and Punjab, distributing 7,800 essential food ration packs. Each pack was carefully assembled to provide vital nutrition and sustenance to families grappling with immense loss. This immediate relief is crucial, enabling individuals to focus their energy on the difficult path to recovery.

















Non-Food Items: Providing Comfort and Protection

CDF's holistic disaster response extends beyond food and shelter. We understand that health, hygiene and comfort are essential for survival and well-being in the aftermath of a crisis. Throughout the year, we deliver critical non-food items (NFIs) to disaster-hit areas. These supplies often include:

- Warm bedding and blankets to provide comfort and protect against the elements.
- Mosquito nets to prevent the spread of vector-borne diseases like malaria and dengue,which are common in flood-affected regions.
- Essential medicines and first-aid supplies to address immediate health concerns and prevent outbreaks
- Women hygiene kits



Interspecies Justice: A Compassion-First Approach to Animal Welfare

At Charity Doings Foundation (CDF), we believe that compassion has no species. Our commitment to justice extends to all living beings recognizing that the well-being of animals is intrinsically linked to the health of our communities and environment. This principle, deeply rooted in our cultural and religious teachings on empathy and kindness, guides our extensive animal welfare initiatives. We actively engage with communities, schools and universities to foster a deeper understanding of our shared responsibility to protect and care for animals. Our work is not merely about aid - it's about building an "Ecosystem of Hope" where humans and animals can coexist in harmony and safety.







THE FARM ANIMAL SHELTER: A SANCTUARY FOR THE VOICELESS

CDF operates Pakistan's first large-scale farm animal shelter and sanctuary - a 7,800-square-ft providing shelter, emergency veterinary care and disaster protection. This facility is a cornerstone of our One Health vision.

During the catastrophic floods of 2024, our teams undertook a monumental rescue operation, saving approximately **1.1 million animals** from rising waters. At our sanctuary during disaster, our dedicated veterinary staff worked around the clock to provide treatment, vaccinations and a constant supply of medicine, facilitated by our strong partnership with local government bodies. The shelter, equipped with ample fodder and feed, ensured that these vulnerable animals received the nourishment and care they needed to survive and recover from the trauma of disaster.







ANIMAL RELIEF AND WELFARE: A LIFELINE IN EVERY CRISIS

Our commitment to animal welfare is a year-round promise. We stand ready to intervene whenever and wherever animals are in peril. During the severe drought that struck Cholistan in South Punjab in 2022, CDF launched a rapid relief effort to save precious livestock.

Witnessing the dire situation that threatened an estimated **40,000 animals,** we immediately mobilized **eight trucks carrying 12 tons of vital fodder feed.** This intervention provided a critical lifeline for countless cows, goats, buffaloes, and lambs, sustaining them through the worst of the crisis and safeguarding the livelihoods of the communities that depend on them.

ADVOCACY AND TNVR: A VOICE FOR A HUMANE FUTURE

CDF is a leading advocate for systemic change in animal population management. We firmly oppose and legally challenge cruel, ineffective, and unscientific methods of dog population control, such as poisoning and culling. In closed-door court hearings and public forums, we champion a humane, scientifically-proven, and more effective alternative: **TNVR (Trap, Neuter, Vaccinate, and Release).**

We educate policymakers and the public that TNVR is the global best practice for managing community dog populations and controlling rabies. It is not only more compassionate but also more effective than culling, which can paradoxically lead to higher reproduction rates and an increase in dog bites. Our advocacy aims to embed TNVR as the national standard, creating safer communities for both humans and animals.









VETERINARY SERVICES AND LIVESTOCK SUPPORT: BUILDING COMMUNITY RESILIENCE

Empowering communities with knowledge and resources is key to creating sustainable change. Our veterinary and livestock support programs are designed to build local capacity for compassionate animal care.

We run awareness programs in schools, colleges and rural villages, teaching farmers - especially women how to care for their animals, particularly during times of stress and disaster. This training emphasizes kindness and empathy as core components of animal husbandry, reinforcing the fact that healthy animals are essential for sustainable livelihoods. We are also working to establish smaller, community-managed animal shelters and sheds, ensuring that support and expertise are always within reach.





THE ART OF SEWING: STITCHING SKILLS FOR SELF-RELIANCE

Since 2022, our flagship sewing and stitching program has been transforming the lives of women in Sindh. At our dedicated training center, we provide comprehensive training in the art of sewing, empowering women with a valuable, marketable skill.

Every year, 120 women graduate from our program, ready to launch their own small enterprises. Since its inception, we have successfully trained 360 women, each of whom is now able to take on tailoring orders from their local communities. More than just a source of income, this skill provides a sense of honor, respect and agency, allowing these talented women to become key economic contributors to their households.







Sustainable Livelihood and Income Programs: Weaving a Future of Dignity

True resilience is built on a foundation of self-sufficiency. At Charity Doings Foundation (CDF), we are deeply committed to moving beyond aid and creating pathways to economic independence. Our livelihood programs are designed to equip hardworking individuals with the tools, skills and assets they need to earn a dignified living, support their families, and break the cycle of poverty. Each program is a partnership, an investment in the boundless potential that exists within every community.







RICKSHAW LIVELIHOOD SUPPORT: DRIVING TOWARDS ECONOMIC STABILITY

For many families, access to a reliable source of income is the single greatest hurdle to a stable life. Our Rickshaw Livelihood Support program directly addresses this need by providing a tangible asset that generates daily revenue. This initiative is a powerful catalyst for change, enabling breadwinners to support their families with pride.

In 2025 alone, CDF identified and provided **72 rickshaws** to deserving families, empowering them with a mode of transport that serves as a consistent and dependable business. This program puts families in the driver's seat of their own financial future.









FRUIT CART BUSINESS SETUP: SEEDING ENTREPRENEURIAL SPIRIT

Our Fruit Cart Business initiative empowers individuals to become small-business owners. We understand that starting an enterprise requires more than just an idea; it requires capital and support. CDF provides a complete business-in-a-box solution to kickstart this journey.

After a meticulous selection process to identify highly motivated and deserving individuals, we provide them with a sturdy fruit cart, a weight balancer, and a one-time, high-quality stock of fruit to begin sales immediately. In 2025, we successfully established **32 small- and medium-sized fruit cart businesses,** planting the seeds of entrepreneurship and providing families with a sustainable source of daily income



Ramadan Iftar Hubs/Stations

CDF's Iftar work is one of our most meaningful projects. We run a permanent feeding station in Westridge, Rawalpindi that operates every single day of the year. Here, we feed between 300 and 320 people daily - that's around 110,000 meals annually, consistent and dependable. When Ramadan arrives, we expand significantly. We open five or six additional stations across different cities and each one serves 130 to 150 people every evening. The numbers are striking: six stations feeding roughly 140 people each night for 30 days means about 25,200 extra meals during Ramadan alone. In total, across the year, we are providing over 135,000 free, dignified meals to people who need them most. But beyond the numbers, what truly matters is that these are families who know they can trust us, who don't have to worry about how they'll break their fast and who feel seen and cared for when life is hardest.











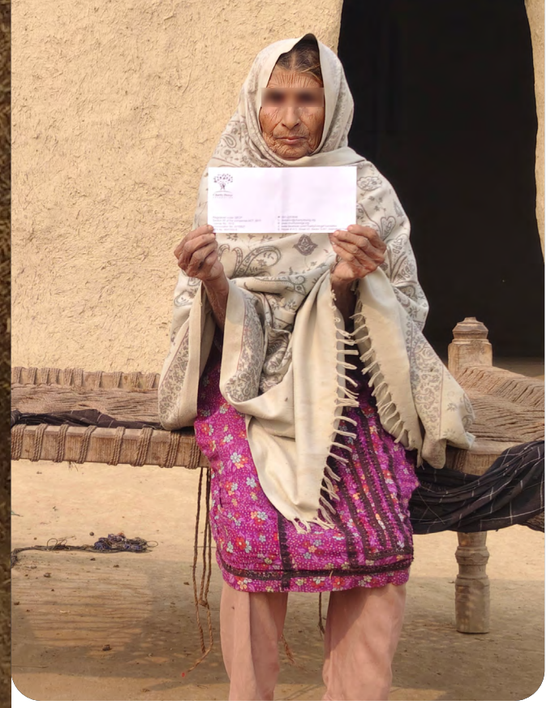






Cash Transfer - Project Easy Paisa

CDF runs a direct cash assistance initiative that reaches 180 vulnerable families across Pakistan with monthly transfers of 5,000 rupees per household. This support is designed to help families meet their most basic need: putting food on the table. The families we serve are geographically dispersed - from remote mountainous regions to lowland communities - spanning Azad Jammu & Kashmir, Gilgit-Baltistan, Balochistan, Sindh and Punjab. Over the past three years, this program has remained a steady lifeline, providing predictable, dignified financial support when families face food insecurity. With just 5,000 rupees monthly, these households can purchase essential rations and ensure their children and elders have enough to eat. The program requires approximately one million rupees in monthly outlay. CDF is committed to sustaining and expanding this initiative as funding allows, recognizing that consistent, unconditional cash support is one of the most effective ways to restore dignity, stability and hope to families living in poverty. Our goal is to continue this work and reach more families in the years ahead.













Special Children Home/Shelter

CDF partners with Hassan Academy in Islamabad to provide comprehensive care and support for orphans and children with special needs. Through this five-year program, we ensure that vulnerable children receive far more than basic assistance - we invest in their complete wellbeing and future potential. Currently, CDF supports 12 children through our orphan and special needs program, providing full coverage of their essential requirements: quality education, nutritious meals, safe shelter and the emotional care they deserve. Each child lives in a respectful, dignified environment where their basic and developmental needs are met with compassion and professionalism. Education is central to our approach; we believe that every child, regardless of their circumstances or abilities, deserves access to learning opportunities that can transform their lives. Beyond the classroom, our support extends to healthcare, nutrition and emotional wellbeing - recognizing that true care means addressing the whole child. This program reflects CDF's core belief that every young life has value and potential. By providing stable, loving support during their most formative years, we're not just meeting today's needs - we are building a foundation for these children to grow into confident, capable members of their communities. As long as we have the resources, CDF remains committed to expanding this lifeline for children who have nowhere else to turn.

















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